

September

Saint Theodore

FOOD IN FOCUS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

The U.S. constitution was signed on September 17, 1787!



Labor Day

No School

4

Chicken Fried Rice

Crab Rangoon
Fresh Broccoli with Dip
Fortune Cookie

5

Stadium Style Hot Dog

Tater Tots
Fresh Veggies & Dip
Creamy Sherbet

6

Chicken Rings

Buttered Noodles
Golden Corn
Sparkling Jell-O

7



with
Orange Wedges
Oreo Cookies

1

Mini Corn Dogs
Tossed Salad
Vine-Ripened Grapes
Mini Rice Krispies
Treat

11

Soft Beef Taco
Fiesta Rice
Sweet Golden Corn
Sweet Strawberries

12

Chicken Alfredo Pasta
Garlic Breadstick
Garden Salad
Diced Pears

13



with
Orange Wedges
Oreo Cookies

14



with
Orange Wedges
Oreo Cookies

8

Early Dismissal
No Lunch

15

French Toast Nibblers
Crispy Bacon Slice
Yogurt
Frosty Peaches

18

Mini Stuffed Tacos
Fiesta Rice
Flame Roasted Corn
Frosty Cherries

19

Garlic Buttered Noodles
Garden Salad
Fresh Apple Slices
Teddy Grahams

20

Dinosaur Chicken Nuggets

Vegetable Medley
Frosty Peaches
Jiggling Jell-O

21



with
Orange Wedges
Oreo Cookies

22

Pancake & Sausage Bites
Golden Hash Browns
Frosty Peaches
Yogurt

25

Orange Chicken
Steamed White Rice
Seasoned Broccoli
Fortune Cookie

26

Carnival Corn Dog
Smiley Face Potatoes
Icy Blueberries
Flavored Jell-O

27

Breaded Chicken Patty
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

28



with
Orange Wedges
Oreo Cookies

29

Salad of the Day

Monday BLT Salad

Tuesday Taco Salad

Wednesday St Louis Hill Salad

Thursday Chef Salad

Friday Chicken Caesar Salad

Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.15

Grades 3rd-8th \$ 4.50

Extra Entrée \$ 1.95

Ala Carte Milk or Bottled Water \$.50

Treat Tuesday is Back!

\$1.50

September 5th Ice Cream

September 12th Yellow Cake with Chocolate Frosting

September 19th Fresh Baked Big Cookie

September 26th Strawberry Shortcake

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Please Check your MYSCHOOLBUCKS Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary concerns

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

